

Golden Nugget Dancer -Stammheim e.V.



I'm a survivor

Choreographie : Sebastian Buttgerit

Beschreibung 32 count, 2 wall, intermediate

Musik: Survivor – 2 Wei

Hinweis: Dance starts on the word “breathe”, 10 Seconds into the Song.

Side Rock, Behind, Step ¼ L (09:00), Step, Rock, Recover, Back, Side ¼ R, Cross

1-2 Rock RF to R (1), Recover on LF (2)

3&4 RF Behind LF (3), LF to Side ¼ L (9:00) (&), Step fwd on RF (4)

5-6 Rock LF fwd (5), Recover on RF (6)

7&8 LF back (7), RF to Side ¼ R (12:00) (&), Cross LF over RF (8)

Side, Drag, Lockstep, Rock, Recover, Triple Fullturn (opt. Coaster Cross)

1-2 RF to Side (1), Drag LF to RF (2)

3&4 LF fwd (3), Lock RF behind LF (&), LF fwd (4)

5-6 Rock RF fwd (5), Recover on LF (7&8)

7&8 ½ R stepping forward on R (7), step L next to R (&), ½ R stepping forward on R (8) (12:00)

On 7&8 you can do a Coaster Cross, instead of the Fullturn.

High Sweep, Cross, Coaster Step, Rock, Recover, Triple Step ½ L

1-2 High Sweep LF from back to front (1), Cross LF in first position, on the ball, close to the right foot and press yourself backwards to prepare the next step (2)

3&4 RF back (3), Close LF to RF (&), RF fwd (4)

5-6 Step LF fwd (5), Recover on RF (6)

7&8 LF ¼ L to side (7) (09:00), Close RF to LF (&), LF ¼ L fwd (8) (06:00)

Alt: You can do a usual sweep

Kick, Kick, Sailor Step, Kick, Kick, Behind, Side, Cross

1-2 Kick RF fwd (1), Kick RF Side (2)

3&4 Step RF behind LF (3), Step LF side L (&), Step RF side R (4)

5-6 Kick LF fwd (5), Kick LF Side (6)

7&8 Step LF behind RF (7), Step RF side R (&), Cross LF over RF (8)

Note: The song starts at a slower tempo than the middle section. The ending is even slower than the beginning. The choreography is always danced to match the respective tempo. Depending on the musical phrasing, the triple steps may also be adapted to the percussion, which makes the dance more challenging.

Tags:

Tag 1 - Unwind (after Wall 1) - Dance Wall 1 completely. You will end facing 6:00 with the LF crossed over the RF. Unwind to 12:00 over 4 Counts. The start the dance again, facing 12:00.

Tag 2 – Unwind, Head, Pose (after Wall 2 - Dance Wall 2 completely. You will end facing 6:00 with the LF crossed over the RF. Unwind to 12:00 over 2 counts. Lower your head over the next four counts.

Next, there are arm actions for the upcoming accents:

On the first accent (“Survivor”), step the RF out to the side and raise the right fist upward.

On the second accent (“Give”), transfer weight to the LF ¼ L, look to 9:00, and extend the left hand forward with the palm facing up.

On the third accent (“Stop”), step the RF to the side facing 12:00 and extend both arms out to the sides,

palms facing out.

On the fourth accent (“Harder”), close LF to RF and bend both arms, bringing the fists up in a strong, flexed position.

Immediately after the word “Harder,” Wall 3 begins facing 12:00. Don’t be surprised – it’s pretty fast...)

Tag 3 – Slow Motion (Start Wall 8 facing 6:00, dance until count 4, facing 3:00)

Step LF fwd in ultra slow motion on 5-8. Recover on RF (1), Back on LF (2), RF Side ¼ R (3), Cross LF over RF (4) – Start Wall 9 facing 6:00

Tag 4 - Mini (Start Wall 10 facing 12:00 and stop on count 3 à RF is crossed behind your LF)

Hold and wait until the slow music starts again. Then begin Wall 11 with the right foot and dance it through to the sweep kick (Note: A regular sweep fits better here). Transfer weight to the LF, crossing it over the RF. Hold, then step the RF to the side on the final accent, raising the right fist upward.

Good luck with the timing — wait long enough, but not too long.

Stylings: On Walls 7 and 9, the arm stylings from Tag 2 may also be added while dancing. These happen on count 1 (“Survivor”), count 5 (“Give”), count 9 (“Stop”), and count 13 (“Harder”).